

Karina Zilberman - Biography

Karina Zilberman was born in Buenos Aires, Argentina in 1960. She is a second generation Argentinean and is Jewish, though not particularly religious. She is an inspirational leader, a creative, intuitive singer-songwriter, performer, spiritual puppeteer educator, mentor and facilitator who fiercely leads with authenticity, integrity and heart. Her mission is to share the overarching message of **unlocking wonder** with all who cross her path. The awe and excitement we experience as children is a feeling that she urges others to feel and embrace, as adults. She facilitates the breaking down of paradigms, and to find a zeal and zest for life through creativity and expression. She believes that creativity supports courage to bridge transitional periods in life.

Zilberman believes that "Unlocking Wonder" is a place where the beautifully unknown is explored. It is a center within the soul. Wonder and awareness are intimately connected, and Karina's teachings are passionately demonstrated through music, play, creative movement and imagination. This is where she believes we can powerfully connect with the elements of the beautiful unknown and awaken to our true essence. She reminds each and everyone on this earth that we are all creative.

She is the founder of the Shababa Network and the Unlocking Wonder Workshop. Karina was the Director of Jewish Family Life and Culture at 92Y for 10 years

There is a distinct difference between imagination and creativity that Karina shares with her workshop participants and members of her community, because the process that leads us to the creative moment is integral in building our ability to open our mind in the first place. The ultimate goal of Karina's work is to inform, inspire and uplift. The wisdom of her work comes from decades of experience ranging from musical teachings, song performances and working with puppets to leadership development, and more.

As a thought leader, and innovator, she has conducted and facilitated many presentations and workshops worldwide for academic institutes, non-profit organizations and for faith-based audiences. She is currently working together with her sister Debora Zilberman on the development of a multigenerational approach and tools for deepening connections through the arts and play, called Live Up!. Zilberman also co-leads fascinating retreats that allow for introspection and essential self-discovery. She is a true visionary constantly diving into microcosms of creative work and community building.



The foundation of her work is in the approach where the importance of the "playground mindset" is a critical element in the path towards achieving goals and finding one's inner voice. The ability to honor and accept spontaneity while trusting that something magical can and will happen is the message she is passionate about sharing.

Zilberman served as a Cantorial Soloist and clergy assistant at Temple Israel of Greater Miami from 2001 to 2007. She received the national prestigious 2012 Covenant Foundation Award in excellence in Jewish Education. In 2014, Karina and the 92nd Street Y created the Shababa Network with 52 organizations across the US, Canada, Panama, Chile, Argentina, and Israel. She believes that the world needs more leaders that operate from a "playground mindset" where the unexpected is the main source of creativity that leads to the genuine acceptance of individuals, of relationships and society.

Karina is married to Rabbi Marcelo Bronstein and together they live at "La Ecovilla,": a sustainable community in Costa Rica where they host retreats and workshops.